



KANGAROO INN AREA SCHOOL

NEWSLETTER



FROM THE PRINCIPAL

TERM 2 WEEK 3 - 17/05/2024

We would like to welcome all the students and staff back to school after a two-week April holiday break. After a very long and busy Term 1, it was great to see all the students looking well rested and ready to learn on Monday of week 1. Walking around the school, it has been wonderful to see so many learning activities happening across the classrooms from cooking, building projects in tech, feeding animals in agriculture and wellbeing activities in primary. It has already been an exciting start to Term 2, with lots of different activities to come!

Parent and Student Survey

At the end of last year, the Governing Council held a parent questionnaire. They spoke to the families of Kangaroo Inn Area School and received feedback on learning programs and general parts of the school. In conjunction to this, the students were also given the opportunity to give feedback on learning programs, facilities and other general school parts.

It was really interesting to read through the results and see such a positive response from our parents and students. It was also great to reflect on the responses and see what changes could be made at our school. Using the information some of the changes have taken place immediately and some will be considered for long-term projects. The changes that have immediately taken place include secondary and primary students having access to the same play area, building work ethic skills, canteen/hot lunches, more camps and excursions and bus routes.

At Kangaroo Inn, we value the views of our whole school community and look forward to gathering more feedback in the future.

Staffing Updates

We would like to welcome back Nicola Martin, English Teacher back from long service leave. Thank you to all the teachers that helped cover English in Term 1.

We would also like to welcome a new staff member, Megan Werchon, who is working as an SSO in the Year 9 class.

Resilience Project Information Night

We would like to welcome all families of Kangaroo Inn to our Resilience Project Information Night on Wednesday 22nd of May at 6.30pm in the Year 9/10 room. This will involve learning the key components of the wellbeing program and getting to know activities that can be taken home. We encourage all families to attend, enjoy some soup and muffins and learn about the importance of supporting our children's wellbeing.

Transition

A friendly reminder to families that have a child starting Kangaroo Inn in Year 7 next year that there will be a transition information night on Tuesday 28th of May at Kangaroo Inn Area School in the library from 6.10pm. If you have any questions, please contact the front office on 87343046.

Kind regards,

Emma Wheal
Acting Principal

CONTACTS

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COMMUNICATION

Community Portal



Find us on 



DATES TO REMEMBER

Wed. 22nd May - Resilience Project
Family Night

Thurs. 23rd May - Primary Basketball
Clinic

Tues. 28th May - Yr. 10
Immunisations

Tues. 28th May - Transition meeting
for new Yr. 7 families 6.10pm

Wed. 29th May - Bus Safe SA

Thurs. 30th May - Primary Basketball
Clinic

Thurs. 6th June - Primary Basketball
Clinic

Mon. 10th June - **PUBLIC HOLIDAY**

Tues. 11th June - Governing Council

STRIVE FOR LIFE

Year 7/8 Team Building Excursion

On Thursday 9th of May, the 7/8 students travelled to Robe for a paddle boarding session with Stillwater Paddleboard. The excursion was an opportunity for students to further build relationships with their classmates, test their resilience and try a new activity. They learnt the skills of paddling, turning and balancing on Lake Battye, Robe, and with beautiful weather it was warm enough for a swim. It was fantastic to see the students enjoying the challenge of paddleboarding and supporting their peers.



Cross Country

Congratulations to all of our students who participated in Cross Country at Naracoorte last Friday. Everybody had a great day and demonstrated great sportsmanship. A special mention to Fred, Harris, Summer and Pippa who placed in the top ten for their age group. Thank you to Sally, Monty and all the parents for their support and help throughout the day.



Colour Run

A big thank you to KIAS Social Club for organising the Colour Run, lots of fun had by all!





Empathy

Empathy is the 'E' in our GEM learning from The Resilience Project. Working on empathy helps us to identify, understand and feel what another person is feeling. When we show empathy or we do something kind for someone else, our brain releases oxytocin – this is our love hormone! The production of oxytocin leads to increasing our self-esteem & confidence, energy levels, positivity, and overall happiness.

This 3-minute video by Dr Brene Brown, a world-renowned professor, speaker, and author, gives a quick, easy to digest explanation of empathy vs sympathy, and how we can demonstrate empathy in situations. Follow the link below to watch:

- [Brene Brown on Empathy](#)

Here is an activity for the whole family to get on board with so we can all welcome some more empathy into our lives – after all, we want as much oxytocin as we can get!

Neighbourhood Kindness Challenge

As a family, choose an act of kindness from the list below that you would like to do for a neighbour or family friend. Each family member can select one to commit to, or you can choose to do one together!

- Cook them something delicious like a cake, hot bread, or cookies.
- Write a note to put in their letter box thanking them for being a great neighbour or friend.
- Design them a Thank You card.
- Pick or buy some flowers to deliver to them.
- Choose a little plant from your garden to give them.
- Make them a gift from things around your house.
- Offer to do a job for them, like wash their car or water their garden.
- Offer to take their pets for a walk.
- Invite them over for afternoon tea.
- Invite them on a walk.
- Recommend one of your favourite books to borrow and read.
- Ask them if they need anything from the shops next time you buy groceries.
- Say hello next time you see them and ask them how their day is going.

Don't be shy to do more than one and spread the kindness even further! Report back to each other in one week and share how your acts of kindness were received, and how doing them made you feel.



THE

RESILIENCE PROJECT™

FAMILY INFORMATION NIGHT

Wednesday 22nd of May

6:30–7:30PM

Year 9/10 Room



Soup and muffins will be provided

Our Family Information Night will help you...

- Develop ideas and tools to look after your own wellbeing
- Be aware of the mental health statistics in our country and understand that prevention is the key to changing this
- Learn about GEM (gratitude, empathy, mindfulness and emotional literacy) – principles of resilience
- Gather ideas to take home and have positive wellbeing discussions as a family

RSVP:

**We encourage all families of Kangaroo Inn Area School to attend.
Please RSVP with YES or NO to the office by FRIDAY 17th MAY.**

TERM 2

	MON	TUES	WED	THURS	FRI	SAT/SUN
WK1	29/04	30/04	01/05 Playgroup	02/05	03/05	04-05/05
WK2	06/05	07/05	08/05 Playgroup	09/05 Yr. 7/8 Paddle Boarding	10/05	11-12/05
WK3	13/05	14/05 Olympics Unleashed Visit Governing Council	15/05 Playgroup	16/05	17/05 PUPIL FREE Newsletter	18-19/05
WK4	20/05	21/05	22/05 Resilience Project Family Night Playgroup	23/05 Primary Basketball Clinic	24/05	25-26/05
WK5	27/05	28/05 Year 10 Immunisations Transition meeting new Year 7 families	29/05 Bus Safe SA Playgroup	30/05 Primary Basketball Clinic	31/05	01-02/06
WK6	03/06	04/06	05/06 Playgroup	06/06 Primary Basketball Clinic	07/06 Newsletter	08-09/06
WK7	10/06 PUBLIC HOLIDAY	11/06 Governing Council	12/06 Playgroup	13/06 Yr. 4/5/6 Mad Minute	14/06	15-16/06
WK8	17/06	18/06	19/06 Playgroup	20/06	21/06	22-23/06
WK9	24/06	25/06	26/06 Playgroup	27/06	28/06 Newsletter	29-30/06
WK10	01/07	02/07	03/07 Assembly 12.30pm & Walk Through Playgroup	04/07	05/07 LAST DAY OF TERM 2.30PM FINISH	06-7/07