



Kangaroo Inn Area School

Strive for Life

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Kangaroo Inn Area School is a NUT AWARE school

Information for Parents/Caregivers/Visitors

To ensure the welfare of any student with severe allergies, Kangaroo Inn Area School is a **Nut Aware** school. Nuts and nut based products are to be avoided in the school, at school events and on school buses.

It is important that there is a strict avoidance of **nuts** in order to prevent a **life-threatening allergic reaction**. We ask for your help in providing our students with a safe school environment by being very aware of what your child has in his/her lunch box. This also applies to any food intended to be eaten on the school bus.

Any exposure to nuts may cause a rapid life-threatening allergic reaction in particular children and this may then require emergency medical treatment. **To reduce the chance of this occurring we ask that no nuts or nut based products are sent to school with students or used in school activities such as cooking, science.**

If a child has eaten nuts before coming to school, please be sure that the child's hands and face have been thoroughly washed before entering the school or travelling on a school bus.

Anaphylaxis is rare, but preventable and treatable. It is the aim of Kangaroo Inn Area School to establish and maintain a nut-free environment, for the safety of children who are anaphylactic to nuts and for those children who have unknown allergies to these products.

Parents and students need to be mindful of any products containing nuts when preparing lunches or snacks.

The following food items are to be avoided:

- any fresh nut products
- any spread containing nuts (all nuts, eg: peanut butter, Nutella)
- any muesli bar, biscuit or other product THAT LISTS NUTS AS AN INGREDIENT
- packages of mixed fruit (eg: trail mix) that contain nuts as well
- recycled containers that may have contained nuts, eg: Cereal, peanut butter jars, biscuits

Students should also be aware that if they have eaten nuts before travelling on the bus, they must ensure hands and faces have been thoroughly washed. Traces of nuts can be found on seating, hand rails, doors etc.

Contact the school if you require any further information. We appreciate your co-operation and consideration in ensuring the safety of all students.

